

ONESKY HARM REDUCTION IN PRINCETON

WHAT IS HARM REDUCTION?

At OneSky, we are working towards a few main goals when it comes to harm reduction:

- 1) Reducing and preventing infection and the spread of disease such as HIV & Hep C.
- 2) Preventing overdose by offering drug testing options, Naloxone kits, Naloxone training and by providing education and updates on the toxic drug supply and street supply replacement options.
- 3) Reducing and breaking down stigma of substance use to ensure better health and social equity



WHO CAN I SPEAK WITH ABOUT HARM REDUCTION IN PRINCETON?

If you are looking for non judgemental and non clinical support around substance use, drug checking options, harm reduction supplies or anything else related, you can reach out the the rural harm reduction worker at OneSky:

Honor Hollman

honor.hollman@oneskycommunity.com

1-250-488-4396

OneSky hires Peer Workers with Lived and Living Experience that you can get connected with. Please get in contact with Honor if you would like peer support around substance use.



WHAT ONESKY PEER WORKERS DO:

- 1) Peer workers can be someone to talk to, who has been through similar experiences and relate to what's important to you.
- 2) They can set you up with new harm reduction supplies, Naloxone kits and other services to support you to be as safe as possible.
- 3) They can help you navigate health and social services to access other supports.

We are here to support folks who are using substances by reducing barriers and preventing overdose.



PLEASE SEND US A MESSAGE, AN EMAIL OR GIVE US A CALL AND WE WILL CONNECT YOU TO SUPPORTS!

Locations where you can access harm reduction supplies in Princeton:

- I.D.A. Pharmacy 136 Tapton Ave #3 - 250-295-7670
- Shoppers Drug Mart 232 Bridge St. - 250-295-3383 x 3
- ER at Princeton General Hospital 98 Ridgewood Drive, Princeton
- Princeton Health Centre 98 Ridgewood Drive - 250-295-4442 x 3 - ask for Public Health Nurse
- Princeton Family Services Society - 250-295-3126



A Way Forward for Everyone